

10th Annual CSRI Conference on College Sport

Poster Presentation Guidelines and Suggestions

General aim and format

- A poster is a graphically based approach to presenting research. In presenting your research with a poster, you should aim to use the poster as a means for generating active discussion of the research.
- Limit the text to about one-fourth of the poster space, and use "visuals" (graphs, photographs, schematics, maps, etc.) to tell your "story."

Design and layout specifications - suggestions

- A poster for the 9th Annual CSRI Conference on College Sport should be approximately 48" x36".
- **Poster must be oriented in the "landscape" position (long dimension is horizontal).**
- Banner displaying your poster title, name, and university affiliation should be positioned at top-center of the board (see Figure 1 below).
- Poster should generally read from left to right, and top to bottom. Numbering the individuals panels, or connecting them with arrows is a standard "guidance system" (see Figure 1).
- Leave some open space in the design. An open layout is less tiring to the eye and mind.

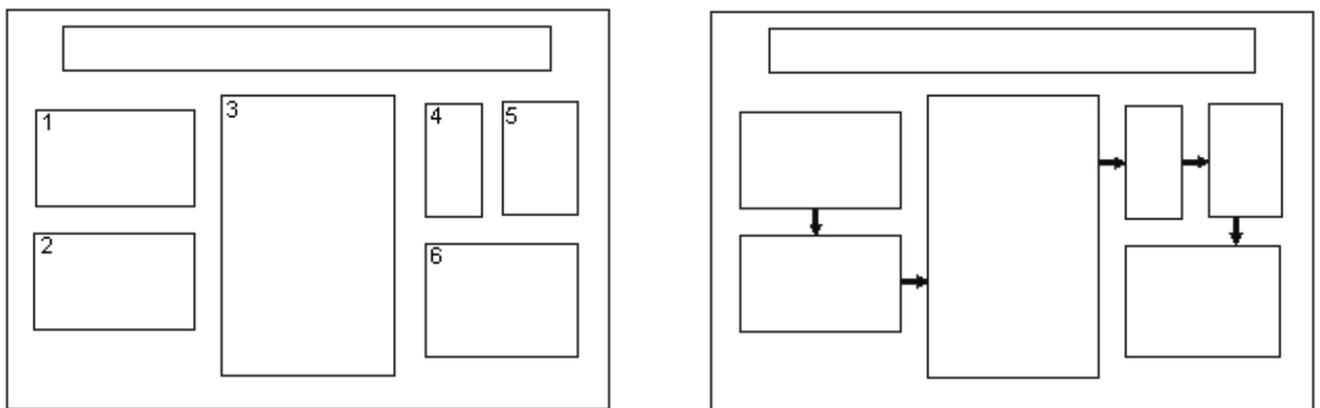


Figure 1: Conventional layouts for a poster. Long panel at top-center is title/author banner. Numbers and arrows can connect individual panels. Also, note the use of space between panels to achieve visual appeal. (from: C. W. Connor, 1992, The Poster Session: A Guide for Preparation: U. S. Geological Survey Open-File Report 88-667.)

Lettering

- Word-process all text (including captions). Print on plain white paper with a laser printer or inkjet printer.
- Text should be readable from five feet away. Use a *minimum* font size of 18 points.
- Lettering for the title should be large (at least 70-point font). Use all capital letters for the title.

Visuals Suggestions

- Present numerical data in the form of graphs, rather than tables (graphs make trends in the data much more evident). If data must be presented in table-form, **KEEP IT SIMPLE**.
- Visuals should be simple and bold. Leave out or remove any unnecessary details.
- Make sure any visual can "stand alone"
- Use color to enhance comprehension, not to decorate the poster. Neatly coloring black-line illustrations with color pencils is entirely acceptable.
- Make sure the text and visuals are integrated. Figures should be numbered consecutively according to the order in which they are first mentioned in the text.
- Each visual should have a *brief* title (for example: Figure 1- Location of study area).

Text Suggestions

- Keep the text brief. Blocks of text should not exceed three paragraphs (viewers won't bother to read more than that).
 - Use text to
 - (a) Introduce study (what hypothesis was tested or what problem was investigated? why was the study worth doing?),
 - (b) Explain visuals and direct viewers attention to significant data trends and relationships portrayed in the visuals, and
 - (c) State and explain the interpretations that follow from the data. In many cases, conclusions can be summarized in a bullet-point list.
- Depending upon the stage or nature of your project, the text could also include sections on future research plans or questions for discussion with viewers.
- Cite and reference any sources of information other than your own, just as you would do a research paper.

Miscellaneous Suggestions

- SIMPLICITY IS THE KEY. Keep to the point, and don't try to cover too many things. Present only enough data to support your conclusions. On the other hand, make sure that you present sufficient data to support your conclusions.
- When you begin to make your poster, first create a list of the visuals that you would use if you were describing your project with *only the visuals*. Write the text *after* you have created the list of visuals.
- Mat the components of the poster on separate pieces of colored poster board. This sets-off the text and illustrations from the white mounting board. Also, you can easily attach each component to the mounting board with pushpins or thumbtacks.
- Before the poster session, rehearse a brief summary of your project. Many viewers will be in a hurry and will want a quick "guided tour" of your poster. Don't be afraid to point out uncertainties in your work; this is where you may get useful feedback.

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